

IT IS VERY IMPORTANT THAT YOU REMAIN MOTIONLESS AND RELAXED WHILE THE IMAGES ARE BEING OBTAINED.

You will be given a squeeze bulb to use if you need to contact the technologist during your scan. You may also request music during your examination. During the imaging process you will hear loud intermittent humming, knocking, and other sounds, that are part of the normal machine operation. Hearing protection is recommended due to the high noise levels. Ear plugs or head phones are provided.



### HOW LONG WILL THE EXAM TAKE?

The entire exam usually lasts from 30 to 60 minutes, but occasionally longer, depending on the type of exam your doctor has ordered.

### AFTER YOUR MRI EXAM

You may resume your regular activities. A full report will be sent to your physician, who will discuss the results of your MRI with you and what they mean in relation to your health.

### CANCELLATION

As a courtesy, please notify [Metro MRI Center](#) 24 hours in advance if it is necessary for you to cancel your appointment.

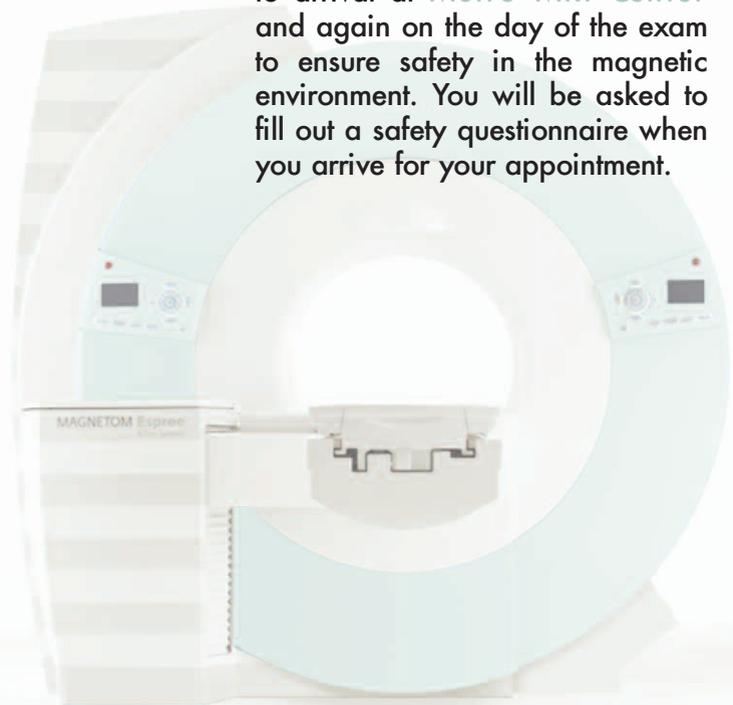
## Are There Any Restrictions?

Yes, there are restrictions, however nearly everyone can have an MRI. There are instances where scans cannot or should not be performed.

- cardiac pacemaker
- recent surgical procedure
- cerebral aneurysm clips
- metal fragments in the eye
- certain metal, electronic, or other materials implanted within your body



Patients are carefully screened prior to arrival at [Metro MRI Center](#) and again on the day of the exam to ensure safety in the magnetic environment. You will be asked to fill out a safety questionnaire when you arrive for your appointment.



# What Other Restrictions Are There?

You are not allowed to take any of these items into the MRI scan room.

- hair pins
- safety pins
- keys
- jewelry
- hearing aids
- any metallic object
- watch
- pocket knife
- credit cards

A dressing room is provided for your convenience. However, you may wish to keep valuables at home, as **Metro MRI Center** is not responsible for lost or stolen items. Although your eyeglasses and dentures may be worn into the scan room, the technologist may ask you to remove them for your exam. You may be asked to change into a gown prior to the examination.

## OCULAR (EYE) FOREIGN OBJECT:



If you have ever sustained an eye injury involving metal fragments (welding, grinding, sharpening blades, sanding rust, etc...) and had an eye examination after your injury confirming that the foreign body was removed, you do not need orbital (eye) x-rays prior to your MRI examination.

**If you did not have an eye examination following the injury, or if the object was not removed, or if you are unsure, inform Metro MRI Center prior to your examination, so we can arrange for you to have orbital (eye) x-rays prior to your MRI. This will assure your safety in the MRI environment.**

## IS THERE ANY SPECIAL PREPARATION NEEDED BEFORE MY MRI SCAN?

You should maintain your usual meal schedule and continue to take your medication as prescribed unless otherwise instructed. If your MRI scan is scheduled to follow your normal mealtime, you may consider eating a light meal if lying down after you eat causes you discomfort.

## MAY I BRING SOMEONE TO THE MRI CENTER WITH ME?

Yes, but in most cases they will wait in the reception area. You will be alone in the exam room to avoid any interference with the MRI scan. If you should need something during the exam, the MRI technologist will be nearby to assist you.

## WHAT IF I HAVE CLAUSTROPHOBIA? (fear of being closed in)

Our team is very experienced in recognizing and intervening when there are signs of anxiety and claustrophobia. Our special accommodations to support patients include education, walk-throughs prior to appointments, headphones for music, and in some cases a family member may accompany you during your exam. Another way we help to eliminate patient anxiety and claustrophobia is by offering both Open and Wide-body MRI systems. If you are still unable to complete your exam, you may need sedation.

## SEDATION

If you have claustrophobia or anxiety, please discuss this with your doctor prior to your appointment. Your physician may prescribe a mild sedative. There is no medication available at **Metro MRI Center** so if you think you may be claustrophobic be sure to contact your physician's office prior to your MRI appointment. Patients who are sedated for their exam are advised to have someone drive them to and from their appointment.

## WILL I BE GIVEN ANY CONTRAST?

Some MRI studies require a contrast agent to enhance the pictures taken of your body. The contrast is usually administered intravenously. Your doctor or the radiologist will determine if contrast is needed. Contact Metro MRI if you have any kidney problems, as there may be restrictions with the use of contrast.

## DURING YOUR MRI EXAMINATION

### WHAT WILL I EXPERIENCE?

Although MRI is a very advanced medical technique, the MRI exam is probably one of the easiest and most comfortable exams you may experience. The technologist will simply ask you to lie down on a cushioned table which will move within the magnet after you have been comfortably positioned for scanning. A coil or antenna may be placed on or near the area to be scanned. The technologist will leave the magnet room, but will be in contact with you throughout the exam with an intercom.

# Patient Information

## WHAT IS MAGNETIC RESONANCE IMAGING (MRI)?

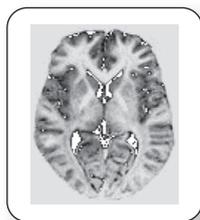
MRI is one of the safest and most advanced imaging techniques available. The exam uses a strong magnetic field and high frequency radio waves to image the hydrogen in the body. The information is gathered and sorted by a computer into remarkably detailed pictures of a specific part of your body.

## WHO INTERPRETS THE MRI EXAM?



Your MRI scan is interpreted by experienced radiologists from **ADVANCED RADIOLOGY, S.C.** who are members of the medical staffs at area hospitals. All radiologists are Board Certified in Diagnostic Radiology by the American Board of Radiology. The radiology group has trained radiolo-

gists specializing in neuro-radiology, nuclear medicine, musculoskeletal, abdominal and interventional radiology. Our radiologists have established themselves as valued consultants and colleagues with our referring providers. They are available 24 hours per day for emergency interpretations.



## WHO PERFORMS THE MRI EXAM?

Skilled and trained technologists perform the MRI examination. Our technologists are ARRT certified radiographers and have successfully completed the advanced level MRI examination. They are selected for their compassion and the pride they take in their work. Our reputation for quality attracts only the highest caliber of technologists. Prior to your exam, our team reviews the clinical information given by the referring physician, allowing us to tailor the exam to your specific needs.

# Insurance and Billing Information

**Metro MRI Center** is an approved provider for many insurance carriers and health plans. It is important for you to take the following steps before your MRI appointment.

Give **Metro MRI** and your physician office complete, accurate insurance information, including insurance card, name and address of your plan, claims payer, your ID and group number and the name of the policy holder or subscriber. Inform us if this is Worker's compensation, automobile or personal injury case as these require pre-authorization and, if applicable, provide the name and address of your attorney.

Most insurance companies require preauthorization for MRI services. The process is initiated by your doctor's office. **Metro MRI Center** and your referring physician's office work together to provide information to your insurance company regarding your MRI services. **Metro MRI Center** has an insurance professional on staff to assist with pre-authorization, to verify your coverage and determine if you have a deductible or co-pay due at time of service.

It is also your responsibility to know your insurance coverage and to make inquiries about your plan's coverage prior to medical tests. **Metro MRI Center** recommends you contact your insurance company prior to your appointment to ask about your policy's coverage for MRI services

You will receive two separate bills for your MRI:

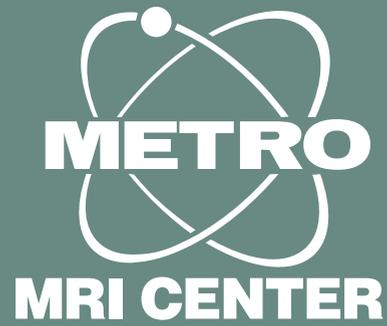
- 1) **Metro MRI Center** for the technical component (TC) - the actual MRI examination
- 2) **Advanced Radiology, S.C.** for the professional component (PC) for the interpretation of the exam by a radiologist and the report or results that are sent to your physician.

**Advanced Radiology, S.C.** handles the billing for both services and can be reached for billing questions at (309) 762-1072.

If you do not have medical insurance, **Metro MRI Center** has a "Self Pay" program that offers a discount for patients who follow the program guidelines. For more information on this program, contact **Metro MRI Center**.

Ultimately, the patient is responsible for payment of the account, including any deductible and/or balance not covered by your insurance plan.

**Metro MRI Center** appreciates your business and extends a sincere THANK YOU for allowing us to be partners with you in your health care.

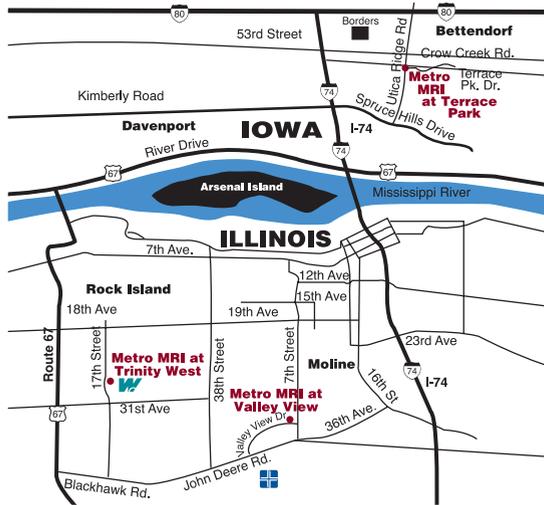


# METRO MRI CENTER

Your *Complete* MRI Center

Accredited by the  
AMERICAN COLLEGE OF RADIOLOGY (ACR)

High-field Open & Traditional MRI Scanners  
Outpatient & Hospital-based MRI  
A Reputation for Quality  
A Center for Excellence



Directions to our three convenient locations:

### Metro MRI at Valley View Place

615 Valley View Dr., Ste. 102 • Moline, IL 61265  
(309) 762-7227 • Toll (877) 482-1448

Located near Trinity Medical Center 7<sup>th</sup> Street Campus.

From I-74 take John Deere Road west, turn right (north) onto 7<sup>th</sup> Street, immediately turn left onto Valley View Drive.

### Metro MRI at Trinity West

2701 17th Street • Rock Island, IL 61201  
(309) 779-3470

Located in Trinity Medical Center West Campus.

From Illinois on Route 67, take Blackhawk Road or 31<sup>st</sup> Avenue to 24<sup>th</sup> Street, merge onto 17<sup>th</sup> Street in Rock Island.

### Metro MRI at Terrace Park

4480 Utica Ridge Rd., Ste. 120 • Bettendorf, IA 52722  
(563) 359-0277

Located in Terrace Park Professional Center.

From I-74 take 53<sup>rd</sup> Street East, travel 1/2 mile to Utica Ridge Road south for 3/4 mile —or— from Spruce Hills Drive, take Utica Ridge Road north for 3/4 mile.

Appointment

Date

Time

[www.metromri.com](http://www.metromri.com)